R.A.D Self Defense

What is R.A.D?

Rape Aggression Defense is a program of realistic, self-defense tactics and techniques. The R.A.D. System is a 12-hour comprehensive course for women that covers awareness, prevention, risk reduction, avoidance, and the basics of hands-on defensive training!

Next Course(s)

Weekend (Fri/Sat)

March 29   5:30pm-9:30pm
March 30   8am-5pm

The courses is held at ASU Police Department – Tempe
All classes must be completed to pass

Register

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ASU Police Department
Arizona State University

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