

# Precision Nutrition & Metabolic Medicine

## Today's Perspective and Looking to the Future



### “The State of Metabolic Medicine: Leveraging the Body’s Use of Food to Support Health”

**Keynote Speaker:**

**Elizabeth J. Parks, PhD**

Professor, School of Medicine, University of Missouri

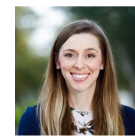
Recognized as a national and international leader for her discoveries on how obesity alters the way the human body metabolizes food, Dr. Parks has shaped the field of metabolic medicine. Major contributions of the Parks Lab include the development of novel techniques including stable isotopes, mass spectrometry, and mathematical modeling to measure the absorption and disposal of dietary fats, carbohydrates, and proteins in the body. Most notably, Dr. Parks has improved the field’s understanding of how dietary sugars are transformed into fat in the liver and contribute to liver inflammation (steatohepatitis). Her current research focuses on the mechanisms by which weight loss and exercise aid in the resolution of liver disease and diabetes. Dr. Parks is a 2020 graduate of Drexel University’s Executive Leadership in Academic Medicine (ELAM) Program. This nationally-recognized program prepares senior women faculty members at schools of Medicine, Dentistry, and Public Health to effect sustained positive change as institutional leaders. In 2023, Dr. Parks was President of The Obesity Society, the Nation’s leading scientific organization for metabolic disease.

### ASU CHS Precision Health Initiative

**Tuesday, March 26, 2024  
1:00 - 5:00 pm (PHX)**

Join us for the latest in precision health research and discuss a vision for the future through a dynamic panel discussion with presenters.

#### MODERATOR



Corrie Whisner, PhD  
Associate Professor  
College of Health Solutions

#### REGISTRATION

**Registration is FREE but required - Space Limited!**



or paste link into browser:

<https://specialevents.asu.edu/er/g/index.php?eventid=791673&>

#### In-Person Option

850 Phoenix Biomedical  
Campus (PBC) Building\*  
850 N 5th St, Phoenix, 85004

*\*Parking entrance is off McKinley St. on the South side of the PBC building. Bring your parking voucher inside to the event for validation.*

#### Zoom Option

**Zoom ID: 832 8187 4188**

**Password: “nutrition”**

**chs.asu.edu**



**College of Health Solutions**

**Arizona State University**

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## Today's Perspective and Looking to the Future

### PRESENTERS



**Susan Racette, PhD**  
Professor  
Director of Training Grants  
College of Health Solutions



**Dorothy Sears, PhD**  
Professor & Exec. Director  
Clinical & Community  
Translational Science  
College of Health Solutions



**Min-Hyun Kim, PhD**  
Assistant Professor  
College of Health Solutions



**Shu Wang, PhD**  
Professor  
College of Health Solutions



**Susanne Votruba, PhD, RD**  
Research Nutritionist  
Epidemiology & Clinical Research  
NIDDK Phoenix



**Gabriel Shaibi, PhD**  
Professor  
Director, Center for Health  
Promotion & Disease  
Prevention, Edson College of  
Nursing & Health Innovation



**Elvia Lish, RDN, CDCES**  
Director  
Ivy Center for Family Wellness  
Society of St. Vincent de Paul

### PROGRAM AGENDA

12:30 - 1:00 pm

Event Check-in

1:00 - 1:05 pm

**Welcome - Matthew Hulver, PhD**  
Vice President of Research, Arizona  
State University

1:05 - 1:25 pm

***“Calorie Restriction and  
Healthspan: Highlights from the  
CALERIE trial”***

Susan Racette, PhD

1:25 - 1:45 pm

***“Precision Metabolic Health via  
Simply Modified Behaviors and  
Exposures - It's About Time!”***

Dorothy Sears, PhD

1:45 - 2:05 pm

***“Epigenetics: Advancing  
Precision Health in Obesity”***

Min-Hyun Kim, PhD

2:05 - 2:25 pm

***“Enhancing Precision Health  
through Nanotechnology  
Applications”***

Shu Wang, PhD

2:25 - 2:40 pm

Networking Break

2:40 - 3:00 pm

***“Precision Nutrition:  
Understanding the Patterns and  
Impacts of Food Intake”***

Susanne Votruba, PhD, RD

3:00 - 3:20 pm

***“Precision Impact: Advancing  
Health Equity through Academic-  
Community Collaborations”***

Gabriel Shaibi, PhD

Elvia Lish, RDN, CDCES

3:20 - 4:30 pm

Keynote Address:

***“The State of Metabolic Medicine:  
Leveraging the Body's Use of  
Food to Support Health”***

Elizabeth J. Parks, PhD

4:30 - 5:00 pm

Q&A with Presenters

Moderator: Corrie Whisner, PhD