



# Watts West Wellness Weekly Walking Wanderings

Need a mid-week refresh? Join us for a revitalizing walk every Thursday at 8 AM at ASU West Valley! We'll stroll through our beautiful campus, chat, laugh, and soak up some sun. It's the perfect way to de-stress, connect with the ASU community, and take a step (literally!) towards a healthier you. All Sun Devils (past, present, future!) and community members are welcome. Just bring comfy shoes, water, sunscreen, and a hat. See you there!

Meet in front of the Fletcher Library and let's walk together towards wellness!

**Every Thursday at 8am**  
**Fletcher Library**  
**West Valley Campus**

**Open to ALL**  
**Hosted by:**  
**Watts College**  
**Center for Academic & Student Affairs**

