Troy Albright, who founded True Garden in 2013, graduated from the University of Arizona in 1987 with a pharmacy degree. Albright founded RX Formulations in 2002, focusing on natural, bio-identical hormones for men and women, sterile IV admixture, topical creams and gels, and consults, leading him to a more holistic, integrative approach to health, nutrition and wellness. In 2013, he and Lisa Albright established True Garden with the realization that the missing link for most of his patients was the lack of fresh quality food in their daily diet. Their facility, operated by solar power, was designed with a vision to drastically reduce the region’s water consumption while making local, living produce available year-round in the Southwest.